**JOHN MARK KANE**

**Growth and Change Counseling Inc**

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<https://www.johnmarkkane.com>

<https://www.johnmarkkane.com/growth-and-change-counseling-therapist-in-los-angeles/>

<https://www.johnmarkkane.com/growth-and-change-counseling-therapist-in-roseville/>

**EDUCATION:**

Masters in Marriage and Family Therapist, Western Seminary, San Jose CA

Graduated: Summer, 2018

BA in Outdoor Recreation (Emphasis: Recreation, Team Building, Initiatives, Adventure Programming and Wilderness Therapy). Houghton College, Houghton NY*.* May/2005 GPA: 3.2/4.0

**WORK EXPERIENCE:**

Founder of Growth and Change Counseling Inc

Group Therapy Practice with locations in Roseville, Campbell, and Los Angeles CA July 2022-Present

*Starlight Community Services and CTF, San Jose, CA*

March 2008 - Present

* Currently working in Wraparound program, supporting youth on probation and youth in DFCS services.
* Crisis Intervention Specialist for Starlight Adolescent Center, a residential lock-down facility for emotionally disturbed youth.
* Mental Health Specialist. Provided services to boys and girls ages 5-19 in the community, traveled to client’s homes and schools and supported clients and their families in a variety of community and home settings.
* Experience providing rehabilitation, family rehabilitation, and case management services, as well as supervising cases and writing treatment plans, formulating assessments, administering CANS assessments, and administering safety plans.
* Experience working in Outpatient, Intensive Outpatient, System of Care, Family Systems Partnerships, and REACH programs for early detection and prevention of psychosis.

*Cameron Boys Camp Cameron, NC*

June 2005-2007

* Primary Caretaker, counselor, teacher, father-figure and group facilitator for 10 boys, ages 11-16, 5 days a week, 24 hrs a day for two years.
* Planned and implemented all programming in the context of outdoor living.
* The Camp was a rigorous, life-encompassing, educational, therapeutic wilderness program for boys in trouble.

*Highlander Adventure. Houghton College, Houghton NY*

Aug. 2001,02,03,04,07.

* Leader/Facilitator of a group of 7-10 college freshmen on a strenuous 10-day wilderness trip.
* The program is an educational adventure trip to develop leaders, teach life and coping skills.

*STEP Adventure. Houghton College, Houghton NY*

Summer 2002, 03, 04, 07.

* Facilitator of groups of 8-12 high school students, some of which were ‘At-risk’ youth, on 10-day wilderness trips.
* The program is an educational adventure trip to develop leaders, teach life and coping skills.

*Houghton Academy Boy’s Dorm. Houghton, NY*

2002 - 2003

* Boys Dorm Proctor.
* Lived in the dorm with High School boys to serve as a friend, support, and model to the boys in the dorm.
* The dorm primarily houses international students from Asia, Africa, and the Middle East.

**TRAININGS**

CFT Facilitation Process, WRAP TRAINING

Group Process and Dynamics

Team Building and Initiatives

Recreational Program Planning, Development, and Evaluation

Currently certified to administer CANS assessments

Extensive training in Therapeutic Crisis Intervention (TCI) (a course out of Cornell University). Certification not current.

ProAct (West Coast Equivalent of TCI Training). Not currently certified

Sexual Abuse Training provided by Cindy Kubetin Littlefield, M.A. of the Christian Counseling Center of Houston.

Motivational Interviewing

Jovens Noble (Evidenced based practice) Training, Sponsored by Santa Clara County Probation

**LANGUAGES:**

Fluent English (Native language. Read, write and speak)

Fluent Hmong (Read, write and speak)

Intermediate Thai (Conversation)

**AWARDS**

Eagle Scout, 1999

**RELEVANT LIFE EXPERIENCE**

Lived 16 years in Thailand, some of which was spent in boarding schools in Malaysia and the Philippines.

Spent 4 months in Russia and 4 months in Brazil.

Multi-cultural experience has been very useful in understanding, accepting, and engaging with people from many different cultures in my professional practice.

**REFERENCES:**

Paul Daley: Director of Cameron Boys Camp 910-245-4034

Trevor Pietsch: Coworker at Cameron Boys Camp 206-422-1422

Umaru Fofana: Coworker at Starlight Community Services 408-674-8338

Maria Mosqueda: Supervisor at Starlight 510-823-7550

Terry Podesta: Supervisor at Starlight 650-346-3252

**OTHER WORK EXPERIENCE**

Houghton College. Houghton, NY

- Item Records: created item records for library books (2000-04)

- Visit Office Driver: Drove guests and prospective students to and from the airport, train station or bus station (Spring 2002-2003).

- Barn Chores: Cleaned stalls and fed horses at the college equestrian center (Spring 2002-Fall 2004).

- Cafeteria Worker: Set out and remove salad at meals and help in the dish room (Fall 2001).

- Health Center Driver: Drove students to the hospital/doctor and/or was on call on weekends in case of an emergency (2002, Fall 2004).

- Tele Counselor: Called prospective students to provide information about Houghton College and to obtain information from the students for the college (Spring, 2002).

Fisher Island Ferry, New London CT

Summer, 2001. Worked in the yard loading freight and doing maintenance. Also trained to do shifts on the ferry.

Walgreens Drug Store, Norwich, CT

Summer, 2001. Cashier, stock personnel, and took the initiative to learn to run the photo department as the opportunity allowed.

Walgreens Drug Store, San Jose, CA

Summer, 2000. Cashier and stock personnel.