

Elena Dodd Switzer, MSW, LCSW

3726 Berger Ave.
St. Louis, MO 63109
(314) 920-7851
switzerph@gmail.com

Work Experience

Peaceful Hearts Counseling, LLC St. Louis, MO
Owner, Child and Family Therapist *July 2018 – Present*

- Provide individual and family therapy to children, adolescents, and adults for a range of mental health issues within a private practice.

Lutheran Family and Children's Services St. Louis, MO
Therapist III, School Counseling Program August 2014 - Present

- Provide individual and small group counseling to elementary and middle school students.
- Coordinate mental health and support services for students with parents and school staff.
- Supervise licensure candidates in clinical social work preparing for their LCSW exam.

Catholic Family Services St. Louis, MO
School Therapist, School Partnership Program August 2010 - July 2014

- Offered individual and small group counseling to students at area Catholic elementary schools.
- Presented to classrooms in grades K-8 on a variety of topics, including bullying, conflict resolution, tolerance, peace, social skills, sexual harassment, dating violence, etc.
- Provided consultation and support to teachers and administrators about bullying and other school crises.

St. Martha's Hall St. Louis, MO
Children's Advocate November 2005 – August 2010

- Assisted victims of domestic violence and their children with daily needs in shelter.
- Provided team case management and referrals to residents, particularly in regards to children and their educational, medical, mental health, and developmental needs.
- Facilitated parenting and children's support groups weekly with victims of domestic violence and their children.
- Supervised university research assistants and practicum student projects.

Lydia's House

St. Louis, MO

Children's Advocate

October 2004 – November 2005

- Conducted individual and group sessions to address children's needs, specifically related to exposure to domestic violence.
- Assisted women in domestic violence transitional housing program with parenting skills and advocacy.
- Supervised, coordinated, and trained volunteers, practicum students, and interns to work effectively and knowledgeably with women and children in residence.

Children's Advocacy Services of Greater St. Louis

St. Louis, MO

Clinician Intern

August 2003 - April 2004

- Conducted individual therapy with up to five sexually abused children and their non-offending parents.
- Co-facilitated group therapy with five- to seven-year-old boys over a ten week period.
- Received specialized training in Cognitive Behavioral Therapy and Art Therapy.

Our Lady's Inn

St. Louis, MO

Live-In Houseparent, MSW Practicum Student Intern

February 2003 – July 2004

- Assisted pregnant, homeless women and their children with daily needs in shelter.
- Took shelter calls, made appropriate housing referrals, conducted intakes on new residents.
- Co-facilitated groups on life skills, sexual integrity, and pregnancy loss issues for residents.

Hill Country Youth Ranch

Ingram, Texas

Direct Care Worker

September – December 2002

- Supervised between eight and ten emotionally disturbed and abused children in a locked residential treatment facility and assessment center.
- Participated in extensive training on abuse, neglect, behavior management, and restraint techniques.

Martha's Village and Kitchen

Indio, California

Case Manager

August 2001 – July 2002

- Managed caseload of up to fourteen homeless men, women, and families working towards self-sufficiency.
- Referred clients to various mental health, chemical dependency, medical, legal, and counseling services in the community.

<u>Education</u>	St. Louis University	St. Louis, MO
	Master's in Social Work	January 2003 – May 2004
	St. Edward's University	Austin, TX
	Bachelor of Arts in Social Work	August 1998 – May 2001

Language: Basic knowledge of written and spoken Spanish; Computer literate in Microsoft Office (Word, Excel, PowerPoint, Outlook), Google Drive, etc.

Licenses, Certificates, and Professional Training

Licensed Clinical Social Worker in the State of Missouri through September 2022; Approved Supervisor for Social Work Licensure (since 2013); Crisis Prevention Institute training in Nonviolent Crisis Intervention; CPR and First Aid trained; Class F Missouri Driver's License; Clinical trainings: Non-directive Play Therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Art Therapy, and Love and Logic Parenting; PMAB Restraint Technique (2002); MCADSV Advocacy for All training (2004)

Professional Committees

Self-Care Committee, LFCS	2014 - Present
Archdiocesan Child Safety Committee	2012 – 2014
Parents as Teachers Advisory Council	2008 - 2010
Homeless Children and Youth Task Force with St. Louis Public Schools	2004 – 2006
Children Affected By Violence Committee with St. Louis Region of MCADV	2004 – 2006

Volunteer Activities

New and Expectant Parent Network, St. Raphael Archangel Parish, Founder	2018 - Present
Karen House, <i>Housetaker</i>	2012 – 2016
Holy Cross Associates (one-year, post-graduate AmeriCorps service)	2001 - 2002

Professional References

Laura Ribiero, MSW, LCSW

Associate Professor of Social Work, Missouri Baptist University

(314) 723-0029

laurajeanneribeiro@gmail.com

Jennifer Ebeling, M.Ed., LPC

Dean of Instruction, Momentum Academy

314-368-5090

jwallacebeling@gmail.com