



Arturo Figueroa, LCSW

Licensed Therapist

Anxiety and Depression/Relationship Problems/Addictions/Trauma/Suicide Prevention/Sex and Love Addiction

HOW I HELP

I have worked extensively with diverse populations, providing professional guidance and effective treatment. I've been especially effective and trained in working with individuals who are in a crisis situation or clients whose symptoms are complicated by past trauma including physical abuse, emotional/psychological abuse, sexual abuse, loss, exploitation, or violence. Another very common and painful set of problems that I embrace helping clients to navigate are sex and love addictions.

Individuals

Have a life obstacle you're trying to overcome? Individual therapy can help you get to the root of the problem in a warm supportive environment, overcome obstacles, and equip you with tools for a lifetime of feeling good.

Couples

Using evidence based therapy, we help couples overcome their greatest struggles, with better communication and improving intimacy, so you and your partner can achieve the relationship you're after.

Children & Adolescents

It's overwhelming and confusing when your child has challenges, bouts of extreme sadness or other behaviors that concern you. We have adapted the most cutting edge therapy for children and adolescents to best help you and your family.



Intensive 1:1 Therapy

In addition to standard paced counseling, we offer longer and more frequent therapy sessions—over a shorter time span. Intensive therapy is offered both online or in-person and is tailored to your individual needs and designed to accelerate your recovery.



GET STARTED

Schedule a FREE 15 minute consult today with me @FeelingGoodInstitute.com/find-cbt-therapist/lj-davis



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THE FEELING GOOD ADVANTAGE

- ✓ Use of measurement at every session to ensure we are making an impact and are on the right path
- ✓ Highly compassionate and skilled therapists who receive weekly training and practice in advanced skills and techniques on how to make therapy most effective
- ✓ Gives you skills you can use to overcome future challenges on your own—long after therapy is complete

The EFFECTIVE THERAPY You Deserve

To Feel Better Faster...

