

Joseph Mernagh, LPC

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EDUCATION

Master of Science, Clinical Mental Health Counseling (CACREP accredited) (September 2022)
Divine Mercy University, Sterling, VA

Master of Humanities, Humanities (August 2019)
Tiffin University, Tiffin, OH

Bachelor of Arts, Philosophy (June, 2016)
Pontifical Athenaeum Regina Apostolorum, Rome, Italy

Associate of Arts, Classical Humanities (June, 2013)
College of Humanities, Cheshire, CT

CLINICAL EXPERIENCE

Licensed Professional Counselor (July 2024-Present)
Veritas Counseling & Coaching, Fairfax, VA

- Individual, couples, and family counseling for children, adolescents, and adults
- Use of diverse therapeutic approaches including CBT, IFS, EMDR, Trauma Model Therapy, psychoeducation, and play therapy

Resident in Counseling (October 2022-July 2024)
Veritas Counseling & Coaching, Fairfax, VA
Supervisors: Jordan Chenette, LPC; Benjamin Keyes, Ph.D, Ed.D, LPC; Jessica Tappel, LPC, ACS; and Anne Tetor, LPC, ACS

- Individual, couples, and family counseling for children, adolescents, and adults
- Use of diverse therapeutic approaches including CBT, IFS, EMDR, Trauma Model Therapy, psychoeducation, and play therapy
- Weekly individual and group supervision with a licensed clinical supervisor

Counselor Trainee (October 2021-July 2022)
Red Oak Behavioral Health, Akron, OH
Supervisors: Christina Weaver, LPCC-S and Benjamin Keyes, Ph.D, Ed.D, LPC

- Individual and family counseling for children, adolescents, and adults
- Use of diverse therapeutic approaches including CBT, EMDR, psychoeducation, and play therapy
- Weekly individual and group supervision with a licensed clinical supervisor

TRAININGS

Trauma-Focused CBT	(October, 2021)
Eye Movement Desensitization and Reprocessing [EMDR] (Levels 1 & 2)	(July, 2020 and August, 2021)
Psychological First Aid	(May, 2021)
Assessment and Treatment of PTSD	(April, 2021)
Treatment and Intervention of Domestic Violence	(April, 2021)
Grief and Loss	(March, 2021)
Treating Traumatized Children and Adolescents	(March, 2021)
Treating Traumatized Families	(March, 2021)
Disaster Trauma	(February, 2021)
Compassion Stress and Compassion Fatigue	(January, 2021)
Treating Complex Trauma: The HEART Model	(December, 2020)
Treating Sexual Trauma	(November, 2020)

PRESENTATIONS

Keyes, B.B.; Louvierre A.L.; Castrejon, M.C.; Dominguez, Z.M. & Mernagh, J.J. (2021). Family Trauma. Presented to Deported Mothers from the United States, Supported by VIA International. Casa del Tunnel, Tijuana, Mexico. July 20, 2021.

Arveson, K; Kiernan, S.E.; Schuster, J.C.; Maak, A.J; Sebastian, P.P.F. & Mernagh, J. J. (2021). Family Trauma. Presented to Refugees. Supported by VIA International. Casa del Tunnel, Tijuana, Mexico. July 20, 2021.

Mernagh, J.J. & Sebastian, P.P. F. (2021). Compassion Fatigue. Presented to Refugees. Supported by VIA International. Casa del Tunnel, Tijuana, Mexico. July 20, 2021.

Keyes, B.B.; Bustamante, D.; Dominguez, Z. M.; Louvierre, A.L.; Mernagh, J.J. & Castrejon, M.C. (2021). Treating Sexual Trauma. Presented to Doctors, Psychologists, Counselors & Social Workers. Supported by VIA International. Pro Salud, Tijuana, Mexico. July 21, 2021.

Keyes, B.B.; Bustamonte, D.; Dominguez, Z. M.; Louvierre, A.L.; Mernagh, J.J. & Castrejon, M.C. (2021) Treating Sexual Trauma. Presented to Doctors, Psychologists, Counselors & Social Workers. Supported by VIA International. Pro Salud, Tijuana, Mexico. July 21, 2021.

Keyes, B.B.; Mernagh, J.J.; Bustamante, D.; Dominguez, Z. M. Castrejon, C.M.; Gutierrez, J. & Louvierre, A.L. (2021). Introduction to Domestic Violence. Presented to Parents of Students. Supported by VIA International. Primaria del Ejido Mariano Matamoros (Primary School). Tijuana, Mexico. July 22, 2021 – AM.

Keyes, B.B.; Mernagh, J.J.; Bustamante, D.; Dominguez, Z. M. Castrejon, C.M. & Louvierre, A.L. (2021). Introduction to Domestic Violence. Presented to Parents of Students. Supported by VIA International. Primaria del Ejido Mariano Matamoros (Primary School). Tijuana, Mexico. July 22, 2021 – PM.

Keyes, B.B.; Mernagh, J.J.; Bustamante, D.; Dominguez, Z. M. Castrejon, C.M.; Gutierrez, J. & Louvierre, A.L. (2021). Introduction to Domestic Violence. Presented to Parents of Students. Supported by VIA International. Primaria del Ejido Mariano Matamoros (Primary School). Tijuana, Mexico. July 23, 2021 – AM.

Keyes, B.B.; Mernagh, J.J.; Bustamante, D.; Dominguez, Z. M.; Castrejon, C.M. Louvierre, A.L. & Hansalik, M.C. (2021). Covid Family & Modified Sand Tray: Modified Technique for Parents. Presented to Parents of Students. Supported by VIA International. Primaria del Ejido Mariano Matamoros (Primary School). Tijuana, Mexico. July 23, 2021 – PM.

Arveson, K; Kiernan, S.E.; Schuster, J.C.; Maak, A.J; Sebastian, P.P.F. & Mernagh, J. J. (2021). Covid Family & Modified Sand Tray: Modified Technique for Parents. Presented to Parents of Students. Supported by VIA International. Primaria del Ejido Mariano Matamoros (Primary School). Tijuana, Mexico. July 23, 2021 – PM.

Keyes, B.B.; Bustamante, D.; Dominguez, Z. M.; Louvierre, A.L.; Mernagh, J.J. & Castrejon, M.C. (2021). Compassion Fatigue. Presented to Refugees. Supported by VIA International. Casa Hogar para Adultos Mayores Juan Pablo Segundo, Tijuana, Mexico. July 27, 2021

Arveson, K; Jorda, D.J.; Louvierre, A.L. & Mernagh, J. J. (2021). Compassion Fatigue. Presented to Employees of Foundation Esperanza. Supported by VIA International. Foundation Esperanza, Tijuana, Mexico. July 27, 2021.

Arveson, K; Kiernan, S.E.; Schuster, J.C.; Maak, A.J; Sebastian, P.P.F.; Mernagh, J. J; Kaplan, C. M.; Kaplan, J. & Gutierrez, J. (2021). Basic Communication & Introduction to Assertion. Presented to Doctors, Psychologists, Counselors & Social Workers. Supported by VIA International. Pro Salud, Tijuana, Mexico. July 28, 2021.

Keyes, B.B.; Louvierre, A.L.; Mernagh, J.J. & Dominguez, Z.M. (2021). Introduction to the Neurobiology of Trauma. Presented to Doctors, Psychologists, Counselors & Social Workers. Supported by VIA International. Hospital Infantil, Tijuana, Mexico. July 28, 2021- P.M.

Keyes, B.B.; Tappel, J.C.; Arveson, K.R.; Maak, A.J.; Louvierre, A.L.; Schuster, J.C.; Kaplan, C.M.; Kaplan, J.; Kiernan, S.E.; Dominguez, Z.M.; Mernagh, J.J.; Gutierrez, J.; Bustamante, D.; Rawls, C.P.; Yarrington, S.R.; Jorda, D.J.; Sebastian, P.F.; Hansalik, M.C.; Kaste, E.A.; Maldonado, A.I.; Maldonado, A.I., Gutierrez, M.S.; Pausa, Veronica & Castrejon, M.C. (2021). Compassion Fatigue. Presented to Employees of VIA International. Supported by VIA International. VIA International, Tijuana, Mexico. July 30, 2021.