EDUCATION

Institute for the Psychological Sciences

- Masters in Clinical Psychology, May 2013
- Advanced Clinical Skills Program
- 600 hour externship

George Mason University

Bachelors of Arts in Psychology and Sociology with honors in psychology, May 2010

• Summa Cum Laude

WORK EXPERIENCE

Divine Mercy University, Institute for Psychological Sciences

Director, IPS Center

- Oversaw administrative functioning of IPS Center, including maintenance of accurate clinical records, updating SOPS and ensuring compliance with SOPs and broader university policies and procedures.
- Co-lead group supervision for Child Centered Play Therapy, providing feedback on clinical extern implementation of the model.
- Updated IPS Center policies to allow for in-person sessions during COVID-19 pandemic.
- Provided on-site coverage to clinical externs including consulting, advising, and acting in support of emergent situations related to clinical services and/or other critical safety and ethical manners
- · Facilitated functioning of the clinic and training of clinical externs by conducting weekly staff meetings
- Coordinated with departments within the larger university including the PsyD program and accounting to develop new potential sources of revenue for the IPS Center.
- Networked with pastors, community organizations, and other professionals to assess needs of the community, increase client flow to the ISP Center, and communicate how the IPS Center could be supportive of mental health needs within the larger community of Loudoun County.
- Completed monthly financial reporting and provided feedback regarding the IPS Center annual budget.
- Counseled children, adolescents, couples, families and adults utilized evidenced based techniques.

Chrysalis Counseling Center

Licensed Professional Counselor, Clinical Director of Parenting Services

- Developed and oversaw Intensive Therapeutic Parenting program to improve parenting skills in parents whose children were at risk of out of home placement.
- Counseled children, adolescents, couples, families and adults utilized evidenced based techniques.
- supervised in-home staff provided in-home support and crisis intervention as needed.
- Conducted state mandated parenting education classes.
- provided in-home services to adolescents to prevent out of home placement, coordinated services with case managers and social workers.
- provided assessments for parenting and counseling services and completed clinical documentation for approval of services.

Divine Mercy University, School of Counseling

Clinical Faculty

- Assisted at residencies providing feedback to students regarding counseling skills development and implementation
- Co-taught and taught Basic Helping Skills course, including monitoring progress with regards to student helping skill development.

Other Professional Information

- Approved to Supervise Residents in Counseling in the state of Virginia
- Certified in Child Centered Play Therapy
- Certified to Filial Family Therapy
- Certified in Relationship Enhancement Therapy for Couples and Families
- Conducted Presentations in 2023, 2020, 2019, 2017, 2016 at National Institute for Relationship Enhancement
- Member of Catholic Psychotherapy Association, Webinar Chair

Arlington, VA

Fairfax, VA

Sterling, VA

Culpeper, VA

Sterling, VA

October 2019-Present

April 2013–June 2021

July 2021-Present