

ANGELA M. ROSSON
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360-904-8127

Professional Profile

- Licensed Mental Health Counselor in Washington #LH00010332
- Licensed Professional Counselor in Oregon #C1909

Twenty-two years' experience in the mental health field, providing therapy services and community outreach. Competent in therapy for trauma-related issues, depression, anxiety, grief, post-abortion healing. Trained in Eye Movement Desensitization & Reprocessing (EMDR), as well as experienced in Internal Family Systems, with working knowledge of dissociative disorders.

Experience

Integrity Counseling, Independent Counselor, Vancouver, WA, November 2023-present
Provide therapy for individual adults and couples
Collaborate with faith communities and mental health colleagues

Mt. Angel Seminary, Staff Counselor, Mt. Angel, OR, August 2023-present
Assist with human formation of seminarians through therapy and evaluation
Collaborate with formation team in making recommendations for seminarians

Radiant Life Coaching, Owner, Vancouver, WA, June 2022 – present
Coach individuals on discerning and using God's gifts effectively for vocation
Offer spiritual direction (currently enrolled in Institute for Ministry Formation program)
Provide pastoral counseling

Western Psychological and Counseling Services/LifeStance Health, Vancouver, WA, Oct. 2017 – present
Provide individual therapy for adults
Coordinate care with team of therapists and psychiatrists
Currently provide telehealth services

Franciscan Life Center, Meriden, Connecticut, Jan.2016 – Sept. 2017
Provided individual therapy for teens and adults
Coordinated care with team of therapists and psychiatrists

Western Psychological and Counseling Services, Vancouver, WA, May 2015-Dec. 2015
Provided individual therapy for teens and adults
Coordinated care with team of therapists and psychiatrists

Northwest Family Services, Counseling Dept. Manager, Portland, OR, 2013-2015
Managed department performance objectives
Supervised counseling interns and staff in four programs
Served as the agency HIPAA privacy officer
Represented NWFS in the Tri-County Behavioral Health Care Providers Association

Maintained part-time clinical hours providing counseling sessions

Northwest Family Services, Staff Counselor, Portland, OR, 2006-2013

Conducted individual, marital, and family counseling sessions
Provided staff training and consultation regarding clinical issues
Developed community connections for referral and outreach
Presented educational workshops in the community regarding healthy relationships
Trained agency staff on protocols for child abuse and domestic violence issues
Trained individuals and couples as presenters for healthy relationships workshops

Private Practice, Camas, Washington, 2007-2013

Conducted individual, marital, and family counseling sessions
Administered and interpreted premarital inventories with couples
Presented psychoeducational workshops in the community

Catholic Social Services, Lincoln, Nebraska, 2002 – 2006

Conducted individual, marital, family, group, and pregnancy counseling services
Consulted with diocesan tribunal on issues related to marriage and nullity declarations
Answered calls on the statewide Project Rachel hotline and provided crisis pregnancy and post-abortion counseling
Responded to and triaged after-hours phone calls on agency crisis line
Served as a member of a school crisis intervention team

Education

Spiritual Direction Certificate, May 2024

Institute for Ministry Formation
St. Vincent College and Seminary, Latrobe, PA

Catholic Life Coach

Completed core coaching classes through Professional Christian Coaching Institute

Master of Arts in Counseling, May 2002

Franciscan University of Steubenville, Steubenville, Ohio

Bachelor of Arts in Mental Health and Theology May, 2000

Franciscan University of Steubenville, Steubenville, Ohio

Other areas of focus and interest

Life-committed lay Apprentice with Franciscan Sisters of the Eucharist community
Faith Formation – RCIA catechist since 2007