MARY LUTZ-PRIEFERT, M.A., L.M.H.P., C.P.C.

4030 N 156th Ave

OMAHA, NE 68116

(402) 730-5525

EDUCATION:

1988 M.A. - University of Nebraska Lincoln

Educational Psychology with an emphasis on individual, marriage, family and guidance counseling

1984 B.A. Creighton University, Omaha, NE

Psychology Major with broad range of courses

Strong background in research

EXPERIENCE:

2021-Present Mental Health Practitioner: Catholic Charities, Omaha, NE.

* Provided marriage, family and individual therapy for adults and children on an outpatient basis.
* Provided counseling for children in Catholic schools.
* Provided crisis counseling and interventions for Catholic schools.
* Provided consultation for school personnel.
* Presented programs in the schools.
* Treated patients with trauma using EMDR, DBT and CBT.

2018-2021 Mental Health Practitioner: Wellpath, DCDC, Omaha, NE.

* Provided crisis counseling.
* Conducted Mental Health Rounds in the Infirmary and evaluated suicidal patients.
* Conducted Mental Health Rounds in Segregated Housing units.
* Attended weekly MDT meetings.
* Evaluated clients for need for medication referral and made appropriate referrals.
* Provide interventions for depression and anxiety.
* Provided a plethora of coping skills and workbooks to assist clients.

1. – 2019 Private Therapist/Private Consultant: Lincoln & Omaha, NE

* Provided marriage, family, individual and group therapy.
* Co-Lead SENG Group for parents of gifted children.
* Substance Abuse Evaluations and Treatment
* Provided hypnosis for sleep disturbance, weight control and smoking cessation.
* Consulted with a Lutheran Church, its school and the Synod over decades long sexual abuse.
* Trained Saunders County Law Enforcement on how to recognize child abuse, neglect and child sexual abuse.
* Consulted with businesses when providing team building and crisis resolution.
* Writing a workshop to train therapists to treat victims of clergy or church worker abuse.
* Lead Crisis Teams into schools.
* Wrote articles on parenting and family life.

2014 -2017 Curriculum Specialist/Group Facilitator: The Truth Heals, Omaha, NE

* Co-wrote curriculum for group for fatherless adolescent girls.
* Served as therapist/group facilitator for groups of middle school and high school girls.
* Trained volunteer facilitators.
* Led groups for single moms focusing on parenting and educational issues.
* Assisted in grant writing for program.
* Served as senior professional adviser.

1992 -1994 Mental Health Program Coordinator: Pioneer Mental Health Center

Seward, NE

* Supervised mental health therapists at a community mental health facility serving six counties.
* Prepared and implemented budgets.
* Supervised graduate students.
* Lead SCIP Teams in the public schools.
* Provided training for therapists.
* Supervised creation of first local therapy group for victims of traumatic brain injuries in the area.
* Maintained own caseload.
* Wrote grants.
* Kept records.
* Consulted with referral sources.

1987-1992 Therapist: Pioneer Mental Health Center, Seward, NE.

* Provided marriage, family and individual therapy.
* Worked with alcoholics and their families.
* Co-facilitated group therapy for adolescents.
* Supervised graduate students.
* Taught parenting classes.
* Consulted with schools.
* Served on Mental Health Board.
* Served as Chairperson of Saunders County Child Abuse Network (1989, 1990, 1991 and 1992)
* Consulted with Law Enforcement and the Court Systems.
* Consulted with referral sources.