

JOSEPH R. LUNDSTEN

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EMPLOYMENT

AXIOS Integrative Therapy, St. Paul, MN — *Owner, Licensed Professional Clinical Counselor*

February 2024-Present

- Run the day to day operations of a therapy private practice
- Manage confidential client communication files with clients and outside organizations
- Provide integrative psychotherapy for adult individuals and couples for a variety of different needs with a focus in Christian spiritual integration

Novare Counseling Center, St. Paul, MN — *Licensed Professional Counselor*

July 2021-February 2024

- Facilitate individual and group outpatient counseling sessions for adults and teens within a faithful Catholic context
- Manage confidential client communication files with clients and outside organizations
- Provide psychoeducational talks to client base and outside organizations

Christian Family Solutions, Mankato, MN — *Professional Counselor*

June 2019-June 2020

- Facilitate individual counseling sessions for the organization's outpatient services and school-based counseling programs
- Manage confidential client communication and files
- Provide psychoeducation to staff and students within the school-based programs

EDUCATION

Bethel University, Arden Hills, MN — *M.A. in Counseling*

August 2017-May 2020

Bethany Lutheran College, Mankato, MN — *B.A. in Liberal Arts*

August 2010-May 2014

EXPERIENCE

Hospitality Houses for Divine Mercy, Minneapolis, MN — *Board Member*

February 2023-Present

- Provide psychological and clinical insight in order to best serve the homeless population within the mission of HHDM
- Attend quarterly board meetings in order to promote the stability and sustainability of the organization

First Things Foundation, USA — *Development and Recruiting Volunteer*

November 2022-Present

- Establish and manage a database of interested community groups, individuals, stakeholders, and “right fit” partners for FTF
- Co-manage and work closely with the Director to secure donor prospects
- Recruit prospective individuals to serve abroad as field workers