**Stephanie Fazio** M.A., LPC, EMDR Trained

**Licensing & Formal Training**

∙ LPC – Licensed Professional Counselor in the state of Texas

∙ LPC-Associate – Licensed Professional Counselor - Associate in the state of Texas Supervised by: Keri Riggs, M.A., LPC-S

∙ LPC **–** Licensed Professional Counselor in the state of Illinois

∙ EMDR trained

∙ ASSYST Training

∙ R-TEP Trained

∙ G-TEP Trained

**2021 – Present**

**2019 – 2021**

**2018 – 2020 2021**

**2020**

**Clinical Experience**

**Live Your Best Life Counseling Services, PLLC** **2022-Present** Owner & Counselor

Texas (Virtual Only)

∙ Provides services for teens, adults, groups, pre-marital couples, and families

∙ Implements biopsychosocial assessments/intakes for new clients

∙ Implements evidence-based interventions, such as Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Exposure Response Prevention (ERP), and Eye Movement Desensitization and Reprocessing (EMDR)

∙ Provides diagnoses for all new clients

∙ Develops and maintains client treatment plans

∙ Manages all client billing and payments

∙ Manages all incoming phone calls and messages for the business

∙ Completes necessary documentation and maintains accurate, up to date client files and client database entries Provides referrals to outside community resources, as needed

∙ Works collaboratively with other community agencies and practices to facilitate client referrals and coordinate services for clients

∙ Participates in networking events to market agency services and facilitate community partnerships

∙ Facilitates and manages a free therapeutic support group every other week

∙ Maintains current professional knowledge and insurance coverage

∙ Engages in clinical trainings focused on evidence-based interventions as opportunities arise

∙ Works non-traditional hours in order to accommodate clients’ schedules

∙ Manages payroll and tax information via QuickBooks

∙ Creates and manages budgets; tracks expenses

∙ Manages marketing and online/social media platforms

**The Family Place** **2019 – 2021** Counselor & Assistant Program Director

Dallas/McKinney, TX

∙ Provided crisis interventions, psychosocial assessments, individual, group, and family counseling for female and male survivors of family and domestic violence, as well as victims of incest and childhood sexual abuse

∙ Conducted counseling services to a wide age range of clients, including clients from diverse racial, ethnic, and socioeconomic backgrounds

∙ Implemented evidence-based practices, such as Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Eye Movement Desensitization and Reprocessing (EMDR)

∙ Completed necessary documentation and maintained accurate, up to date client files and client database entries Attended and participated in weekly staff meetings, as well as individual and group supervision

∙ Provided referrals to other agency programs within The Family Place, as well as to outside community resources, as needed

∙ Worked collaboratively with other community agencies to facilitate client referrals and coordinate services for clients

∙ Ensured the program counselors, case managers and advocates completed a minimum of 75% of scheduled appointments with clients.

∙ Maintained an average program utilization rate of 60%.

∙ Maintained a 90% client satisfaction rate based on surveys.

∙ Used outcome data in Clients First Database to manage staff and program performance and managed the weekly client cue to ensure clients were being seen in a timely manner.

∙ Provided crisis support to clients as needed.

∙ Reviewed the need for group and individual child-care contractors and ensured contracts, grant requirements, and budgets were managed and maintained.

∙ Observed new staff working with clients conducting individual, group and intake calls for clients, for a minimum of three (3) months, and provided feedback and support on counseling or other techniques and outcomes in staff notes and in weekly meetings.

∙ Ensured each staff had a 50% attendance rate at The Family Place sponsored trainings, or a minimum of six trainings per year.

∙ Collaborated with Sr. Director of Employee Training and E-Learning to ensure training programs fulfilled the needs of program staff.

∙ Facilitated weekly supervision meetings and program department staff meetings.

∙ Ensured new staff members had a smooth, informative, and productive on-boarding process their first year of employment with the agency by providing an orientation process that provided mentoring, coaching and training.

∙ Worked with the Sr. Director of Non-Residential Services to develop, implement, and monitor a marketing strategy to broaden the Collin County Counseling office visibility within the community.

∙ Hosted a minimum of two outreach/client collaboration events annually.

∙ Actively cultivated and maintained collaborative working relationships with social-service and/or law enforcement agencies in the community that assisted the clients of The Family Place.

∙ Provided on-going assessment and evaluation of the clinical and case management program to the Sr. Director of Non-Residential Services to ensure that client needs, agency standards and funding requirements were met.

∙ Provided management of the daily operations of the Collin County Counseling program and supervised staff, including interviewing, hiring and evaluating job performance.

∙ Ensured accurate and up to date documentation, client files, and statistics as required by agency policies and funding sources.

∙ Managed concerns relating to staffing, scheduling, productivity, customer service skills and workload expectations.

∙ Provided regular individual and team clinical supervision to staff.

∙ Collaborated with Sr. Director of Non-Residential Services in program development, grant writing, community presentations and grant reporting.

∙ Assisted in preparing and managing approved program budget.

∙ Worked closely with all of the non-residential programs to coordinate services to clients.

∙ Completed on-boarding HR 101 trainings with VP of Human Resources within the first year of employment with The Family Place.

∙ Attended agency provided, professional development courses relating to domestic violence and business acumen.

∙ Maintained current clinical licensure by completing the necessary annual trainings and certifications.

∙ Participated in outreach events to market agency services and facilitated community partnerships

∙ Administered program evaluation tools, including client surveys

∙ Maintained current professional knowledge

∙ Engaged in clinical trainings focused on evidence-based interventions as opportunities arose Worked non-traditional hours in order to accommodate clients’ schedules

∙ Helped to empower, advocate, and facilitate healing with children, adults, and families impacted by domestic/family violence and incest.

∙ Provided group supervision, guidance, oversight, and assistance to interns

**Sharp Wellness** **2020 –2022** Professional Counselor

McKinney, TX

∙ Provided psychosocial assessments, individual, group, couples, and family counseling

∙ Conducted counseling services to a wide age range of clients ranging from various ages, genders, cultures, and religions/spirituality

∙ Implemented evidence-based practices, such as Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Eye Movement Desensitization and Reprocessing (EMDR)

∙ Completed necessary documentation and maintained accurate, up to date client files and client database entries

∙ Provided referrals to outside community resources, as needed

∙ Worked collaboratively with other community agencies and practices to facilitate client referrals and coordinate services for clients

∙ Participated in outreach events to market agency services and facilitated community partnerships

∙ Maintained current professional knowledge

∙ Engaged in clinical trainings focused on evidence-based interventions as opportunities arose Worked non-traditional hours in order to accommodate clients’ schedules

**Leyden Family Service and Mental Health Center** **2018 – 2019** Outpatient Therapist

Franklin Park, IL

∙ Was responsible for conducting DSM-V diagnostic criteria assessments, psychosocial assessments and developing individualized treatment plans with a multidisciplinary team

∙ Provided therapy to a diverse population of children, adolescents, and adults experiencing problems in coping with PTSD, bipolar, depression, anxiety, ADHD, substance use/abuse, trauma, and dual diagnosis clients

∙ Provided individual, group, and family therapy to clients within the facility

∙ Developed creative therapeutic interventions in order to maintain a safe, supportive, and productive environment

∙ Maintained accurate records and reports regarding the clients' histories and progress, services provided, and other required information while abiding by HIPPA protocol

∙ Attended supervision regularly to discuss client concerns, problematic areas, and other challenges

∙ Worked non-traditional hours in order to accommodate clients’ schedules

∙ Provided risk/harm reduction counseling and psychoeducation to clients in accordance with program protocols Provided evidence based therapeutic treatment and crisis intervention for clients diagnosed with mental health

and/or substance use disorders

∙ Provided continuous feedback to referring parties, involved school personnel, DCFS caseworkers, and clients

**The Anxiety Treatment Center of Greater Chicago** **2018** Psychotherapist

Deerfield & Oak Brook, IL

∙ Developed and implemented individualized treatment plans for children, adolescents, adults, and families

∙ Contributed sensitive clinical information and observations about clients in documentation as part of daily tasks while within HIPPA protocol

∙ Attended supervision regularly to discuss client concerns, problems and other challenges with my supervisor Provided evidence-based interventions such as Cognitive Behavioral Therapy and Exposure Response

Prevention for treating a variety of anxiety disorders – including OCD

∙ Provided initial mental health assessments to incoming clients

∙ Participated in weekly team meetings to review cases, discuss client progress and generate treatment concepts Worked non-traditional hours in order to better suit my clients’ work and school schedules

∙ Effectively facilitated therapy groups focused on clients that struggled with hoarding Maintained all clinical documentation pertaining to clients

**Families and Adolescents in Recovery** **2017 – 2018** Counseling Intern – (Supervisor: Jennifer Zielinski, LCPC, CADC, NCC) –

Schaumburg, IL

∙ Provided individual, group, and family therapy in an intensive outpatient treatment center for teens diagnosed primarily with substance use disorders

∙ Maintained weekly attendance to supervision to review clinical cases, client concerns, and additional challenges Provided weekly feedback to insurance providers, involved school personnel, and clients

∙ Developed and applied individual treatment plans for clients based on their neuropsychological testing results Developed aftercare plans for continuing treatment after discharge

∙ Followed HIPPA protocol when completing accurate and timely documentation of all client encounters and clinical notes as required by the company

∙ Conducted group therapy focusing on high-risk behavior, recovery, and mental health/substance use disorders

∙ Maintained a schedule of non-traditional work hours in order to accommodate my clients’ schedules

∙ Coordinated and led educational lectures focused on utilizing effecting coping skills and providing education to clients and their families

∙ Developed measurable chemical dependency/dual diagnosis related treatment plans Utilized the 12 Step Recovery model in helping adolescents maintain their sobriety

∙ Assessed clients’ needs continuously for increased mental health services and provided crisis interventions

∙ Contacted and worked closely with probation officers and worked directly with court-mandated clients

**Kenosha County Health Department** **2014 – 2015** Student Intern – (Supervisor: Krystal Rafenstein, BSN, RN)

Kenosha, WI

∙ Collected, organized, and interpreted data on autopsies

∙ Provided community outreach by delivering resources pertaining to mental health programs to those in need

∙ Attended educational presentations focused on substance abuse and its impact on the community

**Children’s Behavioral Health Services** **2013** Behavioral Therapist

Kenosha, WI

∙ Managed several cases of young children diagnosed with a variety of autism spectrum disorders 

∙ Provided clients with Cognitive Behavioral interventions and documented all clinical data

∙ Responsible for collaborating with, supporting, and educating families in regards to diagnoses and treatment

**Education**

M.A. Master of Arts in Clinical Psychology – Roosevelt University B.A. Bachelor of Arts in Psychology, Cum Laude – Carthage College

**Formal Presentations**

**Carthage College Senior Thesis**

∙ Wrote and presented an extensive literature review with the help of Dr. Tiegel to the Carthage College student body and psychology department titled “Parenting Styles in Relation to Alcohol Use in Suburban American Adolescents”

**Organizations / Volunteer Experience**

∙ TCA - Texas Counseling Association

∙ EMDRIA - EMDR International Association

∙ IOCDF - International OCD Foundation

∙ Anxiety and Depression Association of America

∙ Psi Chi National Psychological Honors Society – Professional Affiliate

∙ PAWS Chicago – Medical Center Volunteer

∙ Carthage World Relief – Fundraising Volunteer

∙ Nicaragua J-Term Course – Student/Humanitarian volunteer

∙ Pi Delta Chi – Fundraising Coordinator

∙ Alpha Lambda Delta National Honors Society – Fundraising Coordinator

∙ Psychology Club – Vice President

